

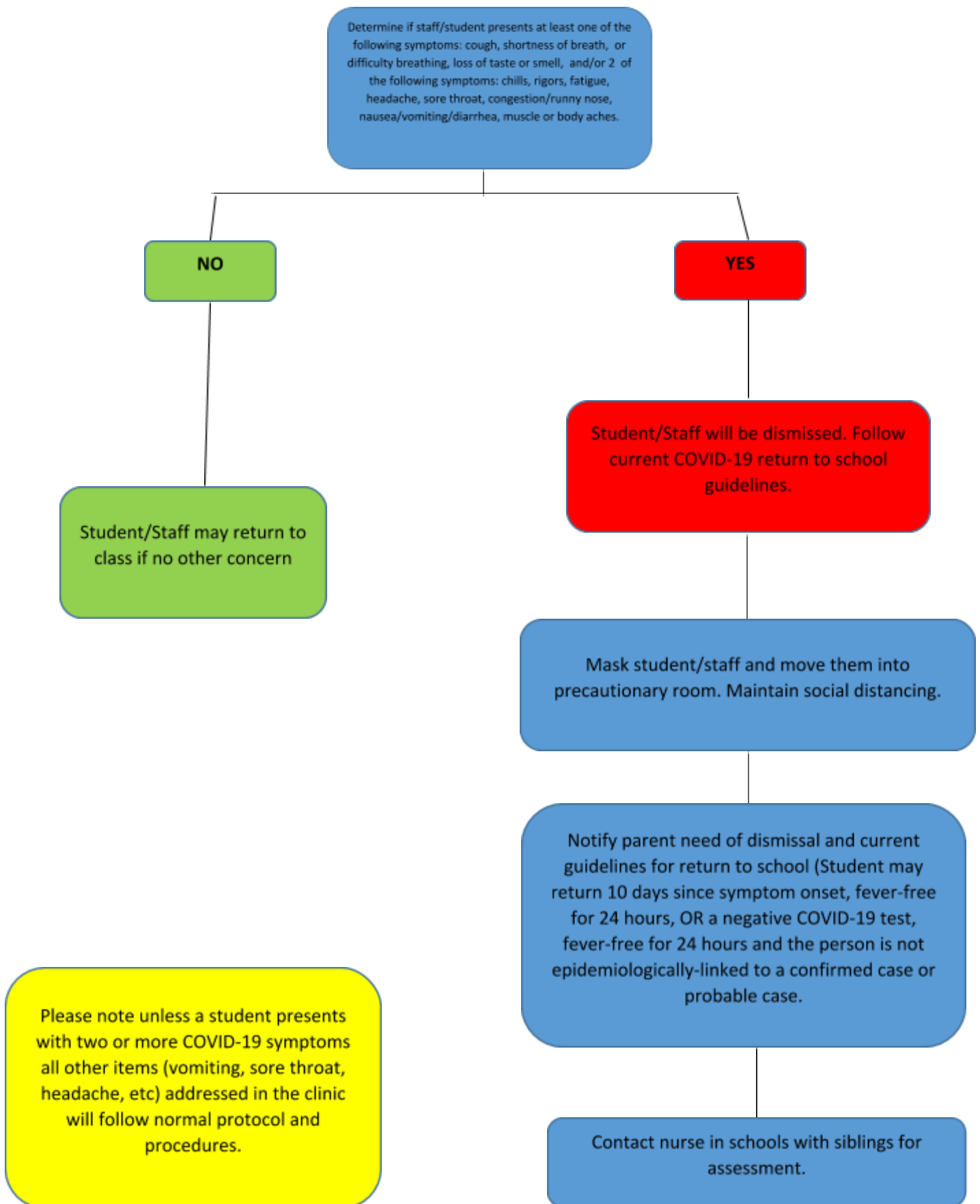
According to the CDC guidance, Epidemiologic linkage is defined as ONE or more of the following exposures in the 14 days before onset of symptoms:

- Close contact with a confirmed or probable case of COVID-19 disease; or
- Close contact with a person with:
  - \* Clinically compatible illness AND
  - \*linkage to a confirmed case of COVID019 disease.

3. Travel to or residence in an area with sustained, ongoing community transmission of SARS-CoV2

- Member or a risk cohort as defined by public health authorities during an outbreak

High-Risk Symptoms	Moderate-Risk Symptoms
<ul style="list-style-type: none"> <li>● New Cough</li> <li>● Difficulty Breathing or Shortness of breath</li> <li>● Loss of taste/smell</li> </ul>	<ul style="list-style-type: none"> <li>● Fever</li> <li>● Chills</li> <li>● Congestion/runny nose</li> <li>● Nausea/vomiting/diarrhea</li> <li>● Sore Throat</li> <li>● Headache</li> <li>● Muscle or body aches</li> </ul>





See scenarios below to determine when you can end quarantine and be around others.

**Scenario 1: Close contact with someone who has COVID-19—will not have further close contact**

I had close contact with someone who has COVID-19 and will not have further contact or interactions with the person while they are sick (e.g., co-worker, neighbor, or friend).

Your last day of quarantine is 14 days from the date you had close contact.

**Date of last close contact with person who has COVID-19 + 14 days= end of quarantine**

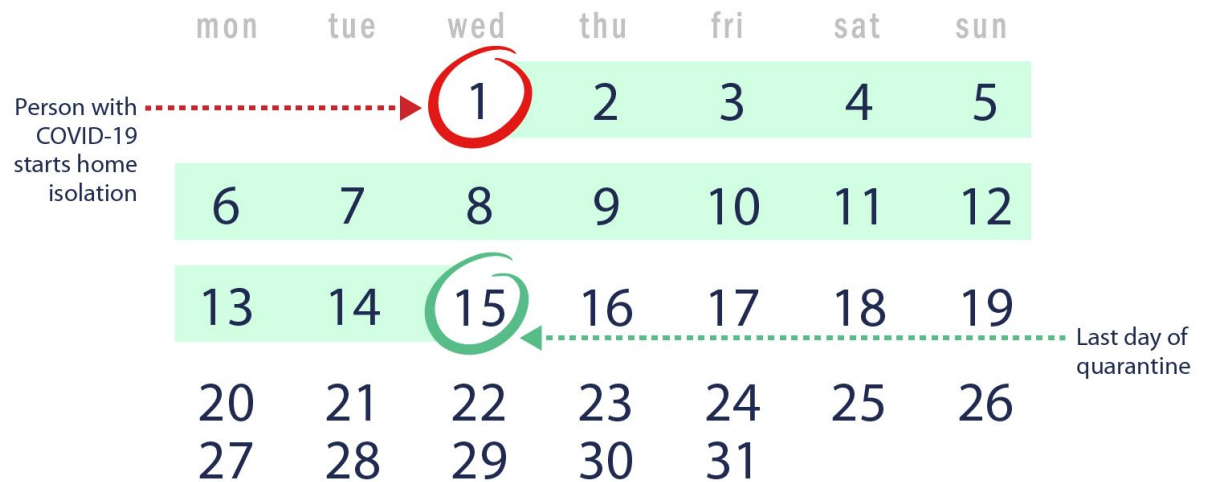


**Scenario 2: Close contact with someone who has COVID-19—live with the person but can avoid further close contact**

I live with someone who has COVID-19 (e.g., roommate, partner, family member), and that person has isolated by staying in a separate bedroom. I have had no close contact with the person since they isolated.

Your last day of quarantine is 14 days from when the person with COVID-19 began home isolation.

**Date person with COVID-19 began home isolation + 14 days = end of quarantine**



*Please note if your quarantine starts at noon on day 1, then it would end at noon on the last day.*

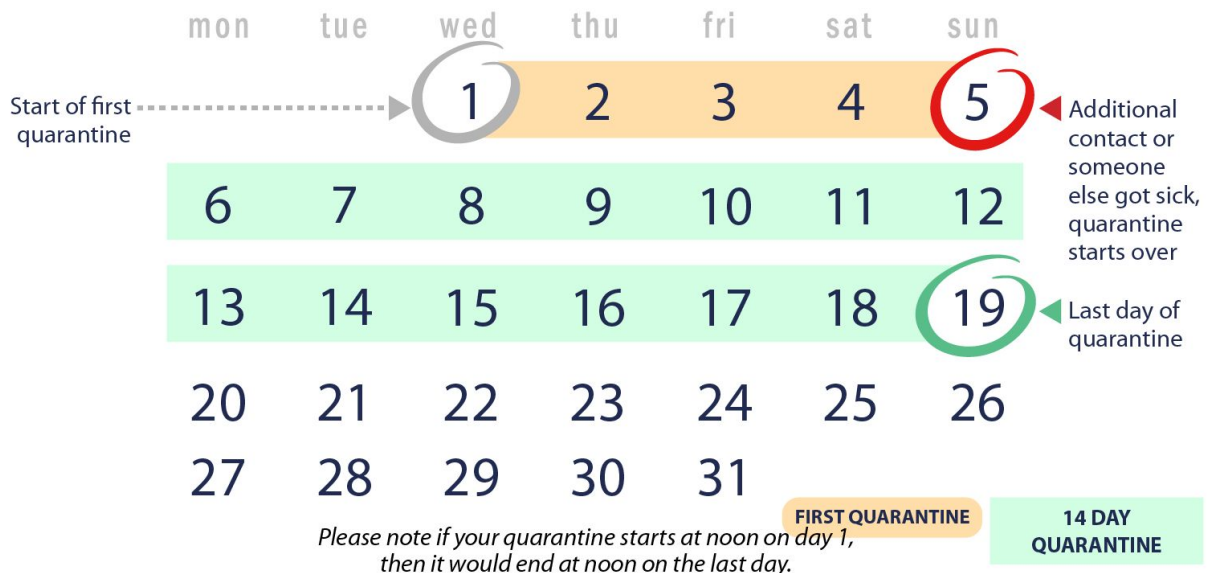
**14 DAY  
QUARANTINE**

**Scenario 3.** Under quarantine and had additional close contact with someone who has COVID-19

I live with someone who has COVID-19 and started my 14-day quarantine period because we had close contact. What if I ended up having close contact with the person who is sick during my quarantine? What if another household member gets sick with COVID-19? Do I need to restart my quarantine?

Yes. You will have to restart your quarantine from the last day you had close contact with anyone in your house who has COVID-19. Any time a new household member gets sick with COVID-19 and you had close contact, you will need to restart your quarantine.

**Date of additional close contact with person who has COVID-19 + 14 days = end of quarantine**



### Scenario 4: Live with someone who has COVID-19 and cannot avoid continued close contact

I live in a household where I cannot avoid close contact with the person who has COVID-19. I am providing direct care to the person who is sick, don't have a separate bedroom to isolate the person who is sick, or live in close quarters where I am unable to keep a physical distance of 6 feet.

You should avoid contact with others outside the home while the person is sick, and quarantine for 14 days after the person who has COVID-19 meets the [criteria to end home isolation](#).

#### Date the person with COVID-19 ends home isolation + 14 days = end of quarantine

