




Art-Music-PE

3rd-5th Elementary Students

Week 1: Choose 1 or 2 activities in each category (Art, Music, PE) each week

Art 	Music 	PE 
<p>Draw your emotions. Think about your recent feelings. Have you been happy, sad, excited, curious? Focus entirely on drawing what you're feeling.</p>	<p>Review the String family with these videos: House of Sound -Strings https://www.youtube.com/watch?v=gEIVzWCRSg8</p> <p>Black Violin COVER: Bruno Mars "Locked Outta Heaven" + MJ "Beat It" [MASHUP] - YouTube rockstar - (Post Malone) Violin Cover DSharp - YouTube</p>	<p>Participate in daily activity by checking out the monthly activity calendar</p>
<p>Make something for someone else. Making something for someone else can be a great way to feel good and help someone else do so as well.</p>	<p>Visit this website to learn more about all the instrument families of the orchestra: Classic for Kids -Orchestra</p>	<p>Mental health check in - Check out this video called, "Why do we lose control of our emotions?"</p>
<p>Draw all the positive things in your life. Everyone has at least one good thing in life, so sit down and figure out what makes you happy– then draw it.</p>	<p>-Visit this video link and play the rhythm patterns at the bottom of the video https://www.youtube.com/watch?v=jkjhF0TRxE4</p>	<p>Get your wiggles out and Shake It Off</p>
<p>Spring is here! Select a drawing activity from this playlist to do. Art for Kids Hub, Spring Playlist</p>	<p>Go to your music teacher's google classroom and choose an activity from there</p>	<p>Take a mindful moment and breathe</p>