




Art-Music-PE

3rd-5th Elementary Students

Week 4: Choose 1 or 2 activities in each category (Art, Music, PE) each week

Art 	Music 	PE 
<p>Make anchor art. An anchor is a weight that keeps something in its proper place. Most times an anchor is a way to keep something safe. Who are the anchors in your life? In this project, you'll make an anchor and decorate it with the people and things that provide you stability and strength.</p>	<p>Review the Percussion family with these videos: House of Sound Percussion See how ordinary objects can be turned into percussion instruments: Stomp!</p>	<p style="text-align: center;">Dice Fitness</p>
<p>Create a motivational collage. Collage a vision board. Fill it with images you find inspiring. You can do this by hand with scissors and glue or on the computer with internet images.</p>	<p>Express yourself with one of these movement activities: Aquarium Fur Elise</p>	<p style="text-align: center;">BOOM!</p>
<p>Draw yourself as an animal. Is there an animal that you have a special interest in or feel has similar qualities as you or one that has abilities that you would like to have? Draw yourself as that animal.</p>	<p>Find a new song and sing along. Send a message to your music teacher saying what it is and why you like it.</p>	<p style="text-align: center;">Take a Trip to the Zoo with your soccer skills</p>
<p>Earth Day is April 22th! Select a drawing or activity from this playlist to do. Art for Kids Hub, Earth Day Playlist</p>	<p>Go to your music teacher's google classroom and choose an activity from there</p>	<p>Feeling stressed? Try On & Off</p>